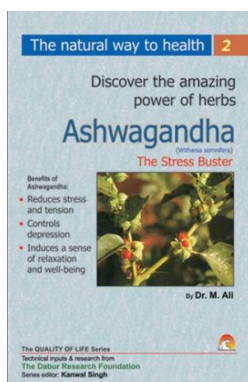


## Ashwagandha: The Stress Buster



### Book Review

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(Kale Bayer)

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