



The Survival Manual: Learn the Skills for Coping in Any Extreme Situation

By Kenneth Griffiths

Carlton Books Ltd. Book Condition: New. Every year, ordinary people find themselves facing extraordinary, life-threatening survival situations brought about by hostile encounters, adverse weather or freak accidents. This book covers subjects such as the psychology of survival, shelter and food, and includes tips on the mental and emotional resilience required in the face of adversity. Num Pages: 176 pages, 50 illustrations. BIC Classification: WSZV. Category: (G) General (US: Trade). Dimension: 120 x 178 x 12. Weight in Grams: 206. . 2013. Paperback. . . . Books ship from the US and Ireland.



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- **Audra Klocko PhD**

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Germaine Welch**