

## Spare Me The Talk !: A Girl S Guide to Sex, Relationships, and Growing Up



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### ***Reviews***

*Absolutely essential study pdf. It is writter in basic words and phrases rather than hard to understand. I am just happy to tell you that this is basically the finest pdf i actually have study during my personal lifestyle and can be he very best publication for actually.*  
*(Shyanne Senger)*

## SPARE ME THE TALK !: A GIRL S GUIDE TO SEX, RELATIONSHIPS, AND GROWING UP



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Parent Map, United States, 2016. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. If you have a teenage girl, theres a 50 percent chance shes already sexually active and a 33 percent chance shes been solicited by an online predator in the past year. How prepared is she for the risks and realities of sex? You hold in your hands a comprehensive crash course for girls into staying safe emotionally, mentally, and physically while navigating the danger-laden worlds of teenage sex and sexuality in a digital age. This book is the first of its kind for girls and young women ages 12-24, and for parents of girls as young as 8. Your teen will learn proven, effective ways to: Avoid pregnancy, and HIV and other sexually transmitted infections Stay safe online and avoid sexual harm Ask someone out (and let someone down easy) Understand bodies and body issues, both male and female Accept that sexuality comes in all shapes and sizes Know the consequences of abstinence, indulgence, and everything in between Decide what is right for her, remaining true to herself and respectful of othersIn language thats relatable, unflinchingly honest (and often funny), veteran sex educator Langford offers a powerful supplement to those notoriously awkward parent-daughter sex talks, answering the tough questions that teenage girls really have but would rather die than ask. Jo Langford is a certified counselor and sex educator who for two decades has provided outreach programs in high schools, residential medical, and psychiatric settings. He is the author of Spare Me the Talk: A Guys Guide to Sex, Relationships, and Growing Up, a Sex Offender Treatment Provider and adjunct faculty for Saybrook Universitys Washington campus. He can be reached at .

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