



## My Asthma Book

By Maria Muirhead

iUniverse, United States, 2007. Paperback. Book Condition: New. 272 x 206 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Perfect for asthmatic children aged five to eight and for newly diagnosed children, My Asthma Book is an upbeat story by author Maria Muirhead, a certified asthma educator. Katie has just discovered that she has asthma. The thought of using an inhaler, or puffer, makes her nervous and more than a little upset. But she has been so tired lately, and she worries that she will not be able to do all the things she loves because of her condition. She decides to talk to her older brother, Rian, who has managed his asthma for two years. In a delightful conversation, Katie and Rian talk about asthma and its triggers and discuss their fears and questions about the disease. Drawing on her extensive experience with asthma education, Muirhead gently assures children that although their asthma cannot be cured, it can be controlled. The activity section of My Asthma Book includes connect-the-dots, puzzles, word searches, and coloring activities with a focus on education. By explaining key concepts in asthma management and providing children with age-appropriate activities, kids who suffer...

[DOWNLOAD](#)



 [READ ONLINE](#)  
[ 8.42 MB ]

### Reviews

*Thorough manual for ebook fans. it had been written quite properly and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Dr. Catherine Wehner**

*Absolutely among the best book I have possibly go through. I have go through and that i am certain that i am going to gonna read through once again again in the future. I am just delighted to tell you that this is basically the finest book i have got go through within my personal existence and could be the finest book for ever.*

-- **Brian Bauch**

## You May Also Like

---



### **Johnny Goes to First Grade: Bedtime Stories Book for Children s Age 3-10. (Good Night Bedtime Children s Story Book Collection)**

Createspace, United States, 2013. Paperback. Book Condition: New. Małgorzata Gudziuk (Illustrator). Large Print. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you want to ease tension preschoolers have before going to school for the first...

---



### **On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition**

Parent-Wise Solutions, 2012. Paperback. Book Condition: New. BRAND NEW, Perfect Shape, No Black Remainder Mark, Fast Shipping With Online Tracking, International Orders shipped Global Priority Air Mail, All orders handled with care and shipped promptly in secure packaging, we ship Mon-Sat and send...

---



### **Trini Bee: You're Never to Small to Do Great Things**

Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Children's Book: Trini Bee An Early Learning - Beginner Reader A fun, rhyming children's book...

---



### **The Day Lion Learned to Not Be a Bully: Aka the Lion and the Mouse**

Createspace, United States, 2013. Paperback. Book Condition: New. Large Print. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The beloved Classic tale The Lion and the Mouse gets the Rhyming Read Aloud with a Reason treatment,...

---



### **Character Strengths Matter: How to Live a Full Life**

Positive Psychology News, United States, 2015. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What are the elements of good character? The Values in Action (VIA) project identified 24 qualities such as...

---



### **Posie Pixie and the Torn Tunic Book 3 in the Whimsy Wood Series**

Paperback. Book Condition: New. Sarah Mauchline (Illustrator). Paperback. COME and meet some more of the quirky woodland characters in the 3rd book of this delightful series! Find out what happens when Posie accidentally tears her purple tunic. Posie Pixie just gets better and...