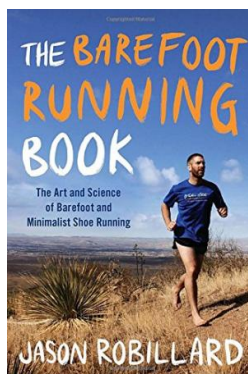


The Barefoot Running Book: The Art and Science of Barefoot and Minimalist Shoe Running



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