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A Guru in the Office: 50 Ways to Remember Your Spirit in the Corporate World

By Dawn M Staszak

Realityisbooks.Com, Inc., United States, 2009. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.We attend life-enhancing seminars, listen to inspirational audio programs, and read dozens of self-help books by amazing people. No doubt when you leave these seminars or finish that latest book or audio program, you have a spring in your step, a smile on your face, and a brand new zest for life. Yet, unfortunately for many, the feeling doesn't last. This is the point where you ask yourself, How can I apply all I learned from that seminar/audio program/book to my world? This book is about bridging the gap between business and spirituality. I'm just an ordinary woman, in an ordinary job, living in ordinary suburbia, so if I can do this, you can, too! It is possible to bring your spirituality to the office, so that you don't have to be a Buddhist monk, a Yoga instructor, or a New Age storeowner to live within your center every day. All of this is meant to help you, and remind you that, in fact, you are your own guru. Dawn Staszak has been working...



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