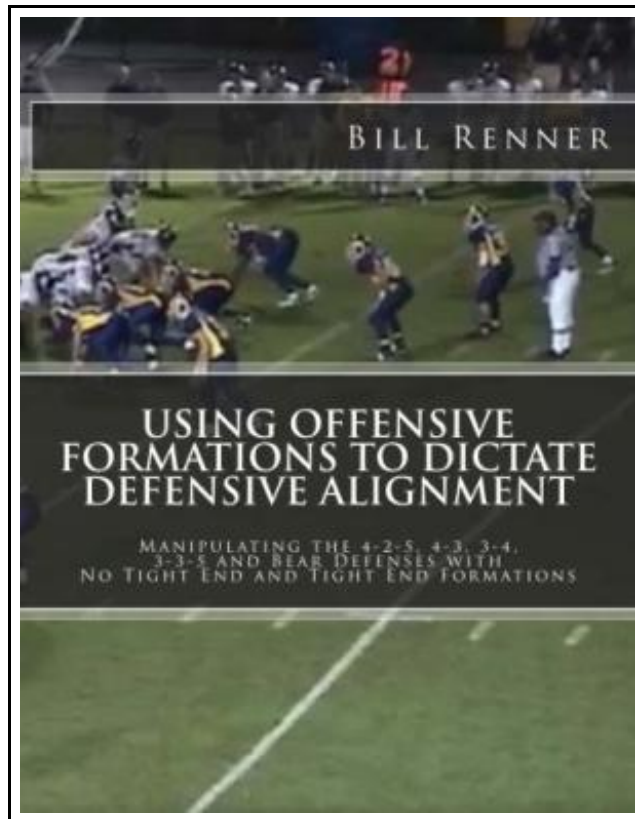


Using Offensive Formations to Dictate Defensive Alignment: Manipulating the 4-2-5, 4-3, 3-4, 3-3-5 and Bear Defenses with No Tight End and Tight End Formations



Filesize: 8.12 MB

Reviews


This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.


(Rene Olson)

USING OFFENSIVE FORMATIONS TO DICTATE DEFENSIVE ALIGNMENT: MANIPULATING THE 4-2-5, 4-3, 3-4, 3-3-5 AND BEAR DEFENSES WITH NO TIGHT END AND TIGHT END FORMATIONS



Createspace, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.I do not believe in calling an offensive play where you don't know how, why and where the defense will be aligned. The alternative is to call offensive plays hoping the defense will be aligned where you want them to be. But, hope is not a strategy. And it does not have to be if you understand that the offensive play caller determines how and where the defense aligns by his use of offensive formations. Using Offensive Formations to Dictate Defensive Alignment is a book that details how to use your offensive formations with no tight ends and tight ends versus various defensive fronts to make a defense align where you want them to. 2x1, 2x2, 3x1 and 3x2 formations with and without tight ends are diagrammed versus 4-3, 3-4, 3-3-5 and Bear defensive fronts. Coach Renner gives you over 70 specific diagrams that detail where each defender in these defense will align. He points out the run weaknesses and pass weaknesses for each defense versus the formations as well. Every defensive alignment detailed in this book was taken from practically applying these formations in game conditions, studying the film and confirming it. Coach Renner details how a change in formation affects a defensive player's responsibility to your advantage. He shows you the ways to use your formations to the boundary or field with a tight end or without a tight end to manipulate defensive alignment. He also shows you the advantage of having an unbalanced formation as part of your offense. Over a span of 10 years, using this formation philosophy Coach Renner's offense has passed for 27,117 yards, rushed for 14,022 yards with...

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