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Wellness Uprising

By Rob Pell

Midnight Star Publishing, United States, 2014. Paperback. Book Condition: New. 216 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****. Every page of Wellness Uprising delivers long-term, drug-free, health solutions based on time-tested wisdom. These solutions function within the framework of methods that have kept humans alive and healthy since the beginning of time. This will help you understand why so many of today's so-called medical advances often fall short, or may even cause you great harm. The internet, magazines, and doctors offer health solutions that tell us what supposedly work. Over the last two decades, thousands of real live customers at the author's health food store have shared their health success stories confirming what really works! Wellness Uprising reveals the secret of how to easily avoid the nation's #1 killer and also provides proven healthy solutions to many of today's most common health challenges: high cholesterol the silent killer - high blood pressure cancer osteoporosis relieving stress and preventing burnout insomnia plus a lot more. Further, Wellness Uprising Will Teach You How To Stay Safe, It Delivers the Truth About: Using Cell Phones Safely- Simple steps you can take to reduce...


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